

## H1N1 UPDATE 9/30/2009

Dear Parents and Guardians,

As to be expected we are starting to see an increase in the number of students ill with flu like symptoms. We have had some confirmed cases of H1N1 in our county, community and schools. To help promote wellness in our school community, we ask that you keep children with flu like symptoms home from school until the child is fever free for 24 hours. Fever free means that your child is below 100.0 degrees without the use of a fever reducing medication such as Tylenol or Advil. Additionally we ask that you **promptly** pick up your child when they are ill at school. In an effort to limit the spread of this virus, encourage your child to cover coughs and sneezes, not to share food or drink and to wash their hands or use hand sanitizer often. Students with fever will be separated as much as possible in the clinics and will be given a surgical mask to wear until they have exited the school as recommended by the CDC.

We are working with the Texas Department of State Health Services and will make H1N1 vaccine available to our students, free of charge as soon as it is available. You will receive updates on this as we get new information. Currently we are looking for vaccines to be released in mid to late October. Texans can now dial 2-1-1 to receive over-the-phone medical guidance about what they should do if they or a family member have flu symptoms.

We hope that you will work with us as we work through this difficult flu season. Your on-going support provides for a better, healthier community in our county and our schools.

Be well this day!

Tammy Moore R.N.

Director of District Health Services

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